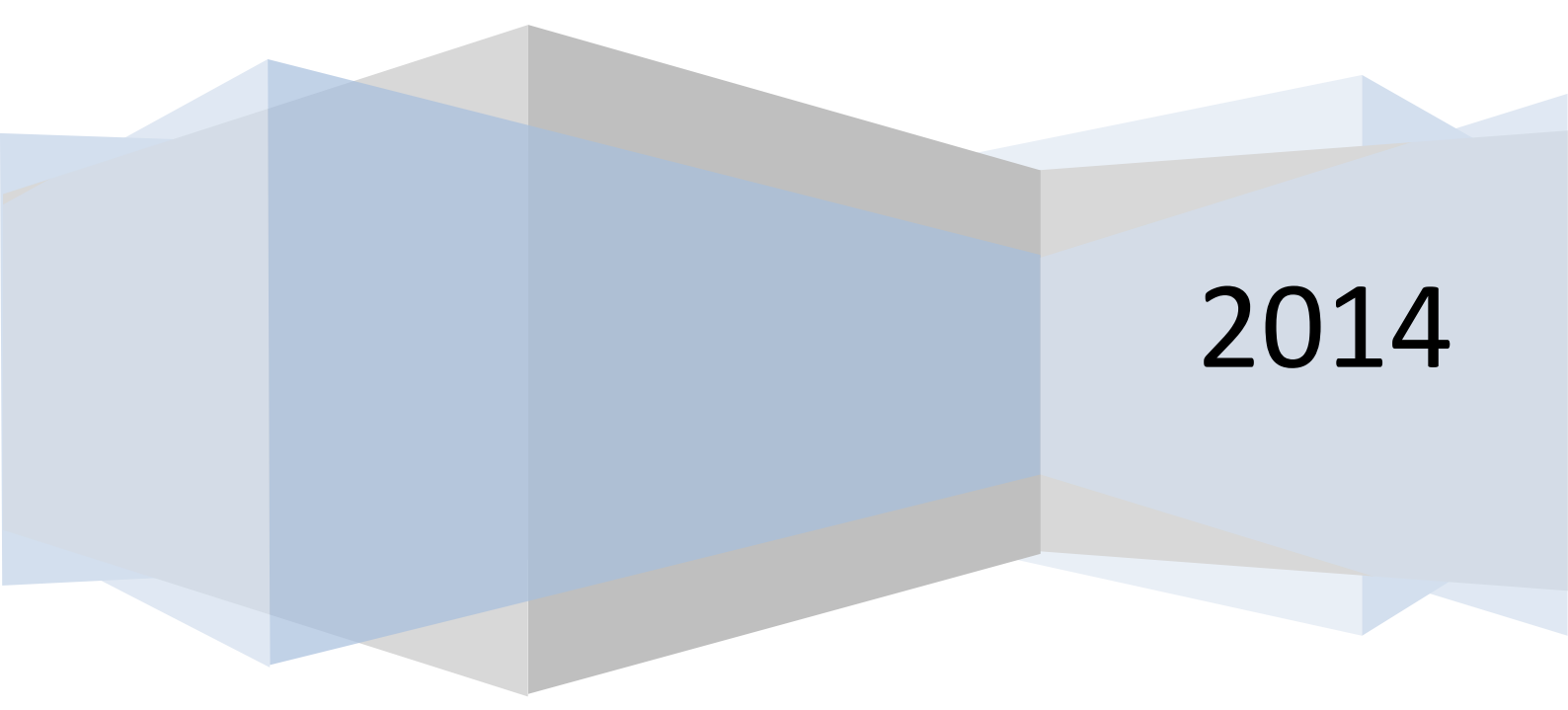


Dads and Lads Sports Club

Annual Report

'Education through Recreation'

An abstract geometric graphic at the bottom of the page, composed of several overlapping, semi-transparent 3D rectangular blocks in shades of blue and grey. The blocks are arranged in a way that creates a sense of depth and perspective, with some blocks appearing to be in front of others. The overall shape is irregular and modern.

2014

Dads and Lads Sports Club Annual Report 2014

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Note from the Chairman

As chairman of Dads and Lads, my role is to ensure that the club runs smoothly by providing leadership and direction.

Being the chairman also means that I will oversee the work of the trustees. All decisions of the trustees shall be agreed by a majority vote, with the chairman having the casting vote. As chair of Dads and Lads I will be one of the main figures in advocating and working for improving the

'As chair of Dads and Lads I will be one of the main figures in advocating and working for improving the organisation in the local community. I will also ensure that each member adhere to its governing document.'

organisation in the local community. I will also ensure that each member adhere to its governing document.

Dads and Lads use sports and a programme of workshops to build confidence and instil positive growth in the development of our young adolescent/adults. Since 2001, we have developed activities with our young members in mind including workshops such as challenging youth crime and social relationship amongst others.

We hope that the input from our club will deter young people from anti-social behaviour and involvement in crime with the intention of them becoming model citizens in the community.

Dads and Lads aim to encourage parents, especially fathers who may not be living with their children, to become more involved. We hope to achieve this by getting them involved in activities with their children such as football, cricket and netball.

We have recently taken steps in developing a netball team and hopefully this will grow and encourage young girls to participate in sports in the community. With that in mind, a special welcome to our new netball advisor Sharon Dennis, who is helping us establish a netball team. The hope is that it will hopefully come together next season.

Finally I would like to say a huge thanks to all the coaches for giving the players direction and motivation throughout the season. Also, thanks to all the committee members, who have worked hard in keeping Dads and Lads in the public eye. A special thank you goes to honorary committee members Erica Zimmer and Peter Waller, who has been with Dads and Lads for the last few years and helped us to become a Community Amateur Sports Club. We also acknowledge their support in offering their advice to assist us in particular in terms of up-dating the Dads and Lads website and in looking over our funding applications. We appreciate your insights.

A big thanks to the Rt Honourable Stephen Timms MP for East Ham) who is a staunch supporter of our club. He has assisted us with advice and is our referee when we have applied for funding.

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Last but not least a big up to the players, parents and everyone else who will continue to make Dads and Lads Sports Club grow and play a positive role in the community.

Until 2016,

Keith Rochester

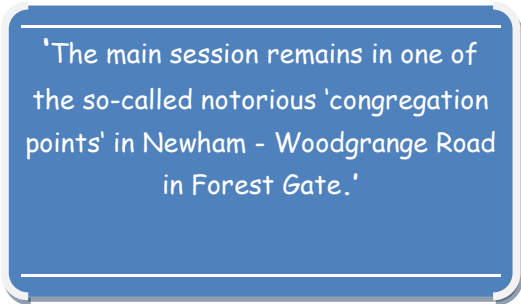
Chairman, Dads & Lads

Dads and Lads Sports Club Annual Report 2014

1. Progress and achievements in 2014

We continue to make steady progress this year. The major event for us was in becoming a Community Amateur Sports Club (CASC) in July. It now means that we have to professionalise the way we operate. The Government is very clear that any club that gets CASC status has to be open and accessible to all, so this fits well with the way we have operated since 2001. Although our status will be more formal, our community-based approach will not change and we will continue to rely on volunteers. We have formalised the way we run the organisation, including writing a new governing document which was formally approved by all members last year; outlining who sits on the Management Committee, its role and how people can be voted onto it; and giving everyone who pays a subscription the right to vote at member meetings. We have kept the name of Dads and Lads since it is well recognised locally and we know from experience that this does not present a hurdle to girls getting involved too.

We would like to say a special thank you to Erica Zimmer and her husband Peter Waller, who both became honorary Dads and Lads trustees. Stephen Timms MP recommended them to us to guide us in our desire to become a CASC organisation. They have skilfully steered us in the right direction.



'The main session remains in one of the so-called notorious 'congregation points' in Newham - Woodgrange Road in Forest Gate.'

In 2014 about 60 youngsters benefitted from weekly football training sessions and matches, mainly playing under our football club Newham Warriors. The main session remains in one of the so-called notorious 'congregation points' in Newham - Woodgrange Road in Forest Gate. We also increased our weekly training sessions at a youth zone attached to a local secondary school. It meets the demands of another part of Newham (Manor Park), but also extends the learning of our current players. Training here also took some of our players outside of their areas into a new and unfamiliar environment. We accommodate children whose only physical activity is what we offer at the youth club as well as encouraging young girls to join the sessions.

We have lowered the age limit of the children who train with us to now accommodate those aged between 7 and 11. Michelle Antwi, who has a degree in sport and fitness, has transformed the training of those young players with her energy and enthusiasm. With this new tranche of participants we have adapted our sessions so that it is easier for them to take part. This is their first experience of playing organised sport and they are keen to share pitches with people who are older than them.

We still constantly keep getting enquiries from parents wanting their children to be involved with us. Having the name Newham in our football club name attracts plenty of interest and we find that the internet has been the most common way parents have found out about us closely

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followed by word of mouth. We are creating two new teams, one with the intention of it being managed by Michelle next season; additionally, we supported a senior team so that we can extend the footballing experience of young adults.

Our under 14s team finished their season in fifth place in the East London and Essex (ELE) league (see page 7 for under 14s review). This is a disappointment compared to last season. Towards the end of the season, we saw a drop in numbers resulting in sometimes playing nine or 10 players. This can be dispiriting especially for those that are there as they have to work twice as hard.

Our under 17s finished their season again in 7th position in the Eastern Junior Alliance (EJA) playing under the name Tower Hamlets FC (see page 9 for under 17s review). Although this was a disappointing season it was their second season in a more challenging, competitive and demanding league. It is hoped that they will learn to adapt next season through more thorough and specialised coaching.

Special thanks goes out to Club Manager Neville Haynes for keeping us informed of developments during the season and to all of our coaches: Paul Clarke, Tony Davis, Michelle Antwi and Andrew Powell; without your devotion and loyalty we wouldn't be where we are now.

Finally, we successfully ran three workshops in the second half of 2014 under the heading "Challenging Youth Crime". The spread of the age groups was encouraging, and the participants were enthused by the content of the workshop by asking for us to put on more.

2. Message from Club Welfare Officer

As the new Club Welfare Officer for Dads and Lads Sports Club my role includes ensuring that the club members understand their 'Duty of Care' when running activities for children and young people. My responsibility ensures that the children/young adults are in a safe environment and protected from any potential harm. I will inform the trustees of the code of practice that we must follow in order to ensure this.

I am also the CRB/DBS verifier and ensure that criminal record checks are carried out for everyone associated with our club, is valid and up to-date.

My remit includes promoting the FA Respect Programme and Safeguarding Children Education Programme and also develops best practice within the club in safeguarding children. Dads and Lads have drawn up a Child Protection Policy, to which each trustee has been given a copy.

The organisation now has its first ever Complaints Procedure which has been drawn up by myself and is currently available on the Dads and Lads website. As the Complaint Investigating Officer I will formally investigate any complaints made by children/young people, parents or members by adhering to the Club's Complaint procedures.

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Throughout the year I have applied for funding on behalf of Dads and Lads. Additionally, I along with the other trustees have met with the Rt Honourable Stephen Timms, MP for East Ham and sought his advice and assistance with regards to funding applications.

'As the Complaint Investigating Officer, I will formally investigate any complaints made by children/young people, parents or members by adhering to Dads and Lads Complaint procedures.'

As a trustee of Dads and Lads, I have ensured that committee meetings take place on a regular basis. I also write the minutes, agenda's/reports of meetings and make sure that they are given out to all members in a timely manner.

For the new season, I will continue to attend relevant training to keep-up-to-date with any changes in policy and in turn to maintain that members are kept informed of funding opportunities and new developments.

Alvin Charles

Club Welfare Officer (Dads and Lads Sports Club)

3. Governance and Management

Dads and Lads Sports Club continues to be run on an informal voluntary basis with Keith Rochester as Chairman of our Management Committee, Tony Davis as the Secretary and Vice-Chair and Rupert Nelson as Treasurer. Alvin Charles has become the Club Welfare Officer. The parents of the youngsters who play for us, as well as the youngsters themselves, have always had the opportunity to have their say in what Dads and Lads Sports Club does and how we do it. This informal approach has worked well for us up to now but it has always been our objective to formalise the organisation to get us into better shape for attracting more financial support.

In 2014 we successfully applied to HMRC to be registered as a CASC (see Progress and Achievement, page 4). The formal name we are going for is Dads and Lads Sports Club and our plan is to broaden the range of sports we offer to include cricket and netball as well as football.

4. Football Review for Dads and Lads Sports Club - under 14s

This is my second season as the Head Coach for the under 14s. It has given me more experience in dealing with various issues. These ranged from team selection, picking a team captain, releasing players deemed unreliable to take the team forward and dealing with the players' temperament. As head coach I have gained tactical knowledge as well as a wider, more in-depth and personal knowledge of the team and the players, as well as better game management. These

Dads and Lads Sports Club Annual Report 2014

areas I would like to improve going forward for next season. I was greatly helped by Coach Tony, who has guided and mentored me throughout the last two seasons.

Our season started in September 2014 in the East London & Essex (ELE) Junior Football League. This was a good, sometimes challenging experience for all of our players, on how they needed to improve their performances and team work. We succeeded in working on strengthening their bond and unity as a team. The result was evident from the end of season league position. We finished the league in fifth position in March 2015. Here is how we did:

P18 W5 D1 L12 GF25 GA55 GD-30 Pts16

Our record last season was: **P16; W8; D1; L7; GF 50; GA 55; GD -5; Pts 25.**

The season had its fair share of mixed fortunes. They ranged from big wins against Clissold Rangers and St Thomas of Canterbury, to hard fought games against more technically minded

'The under 14s have improved in certain aspects such as being more disciplined and responsible with regards to their physical/health requirements.'

teams Frenford, Walthamstow Wolves and Pro Power Dragons. As a team having to cope and deal with the daunting task of facing bigger/taller/better opposition, and reduced team members (due to players not showing up) we did ourselves proud but compared to last season we lost more points, scored less goals but conceded the same amount of goals.

As the under 14s Head Coach, I also had to experience the lack of support from some parents with regards their non-attendance to any games. This is something moving forward we should try to improve/encourage to get the more parents involved/ to come and see their children

play.

There are a few players whom have greatly improved socially and mentally since last season and found their feet as well as their voices. Though the team has had members come and go the balance and commitment from the squad never dropped. The main core of the players has embraced the changes and new players, in helping them settle in. At the teams' request, we set up extra mid-week training session, in which the players benefited from.

The Team Captain was changed twice early part of the season. We finally handed it to Aiden Rowley O'Donnell. With the armband, he seemed to thrive with great authority, maturity, leadership and have a positive attitude; his passion on and off the pitch showed through as well as commanding the respect from the other squad members.

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The under 14s have improved in certain aspects such as being more disciplined and responsible with regards to their physical/health requirements. They are making progress in learning more about the essential of good time keeping as well as working and bonding as a cohesive unit. As they progress they will become more confident in facing new encounters and environments and learning how to deal with criticism and challenging situations.

I would like to thank the under 14s for their efforts last season, though they have moved on to other activities. I hope that they carry on with their team and individual building skills. Using the experiences that they have gained and learnt from the club (football and non-football) will help them improve. This can only be positive for them as the bonding and togetherness in the team developed over these last three years can only serve them well for the future.

I would like to think that this 2015/2016 football season for the under 12s is the start of a new chapter in the history of Newham Warriors.

Paul Clarke, Head Coach under 14s

5. Football Review for Dads and Lads Sports Club - under 17s

The season started well and with optimism. Sixteen players were signed up and the team was looking forward to playing and achieving a good position in the Eastern Junior Alliance. However as the season progressed the numbers of players turning up for training and matches noticeably started declining. On some match days we barely had eleven players to attend matches.

In order to address the concerns the coaches met with the players and also spoke to the parents. We found out that many of the players were otherwise occupied with studying for GCSE's and completing homework in after-school clubs.

We managed to see the season out by finishing mid-table in the league. However as Dads and Lads trustee's we unanimously agreed that our players' education should take priority. We decided to suspend the Under 17's team, but to keep it available and open so that when players had space in their busy schedule they could turn up for training.

'However as Dads and Lads trustee's we unanimously agreed that our players' education should take priority. We decided to suspend the Under 17's team, but to keep it available and open so that when players had space in their busy schedule they could turn up for training.'

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At the moment we have some players turning up for physical training and assisting the younger team members. Dads and Lads have a team for adult players managed by our treasurer, Rupert Nelson. Our association with the senior team enables those who want to continue their football journey, to do so.

Keith Rochester, Chairman Dads and Lads and Head Coach under 17s

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6. Financial report

Dads and Lads: receipts and payments January 01, 2014 - December 31, 2014

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £
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Receipts

Swan Foundation Sponsorship	9,355	-	9,355
Subscriptions	512	-	512
		-	
Total receipts	9,867	-	9,867

Payments

Workshops	1,590	-	1,590
Transport (to and from matches)	878	-	879
Kit	1,650	-	1,650
Equipment	476	-	476
Pitch and Match fees	1,878	-	1,878
League Registrations	1,016	-	1,016
Coaching	504	-	504
Administration and Stationery	890	-	890
Web-site	245	-	245
Fines (1)	30	-	30
Telephone	325	-	325
Trophies	225	-	225
Hospitality (2)	155	-	155

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Bank charges	0	-	0
Total	9,862	0	9,862

Net of receipts/ payments	5	0	5
Cash funds January 01, 2014	436	0	436
Cash funds December 31, 2014	441	0	441

Notes:

- (1) Match day fines accumulated by players during the course of the season
- (2) Provision of match day refreshments for officials and visiting teams

7. In memoriam: Sandra Duncan

It is with great sadness that we record here the death in January 2015 of Sandra Duncan, the mother of one of our original Newham Warriors players. Although she was not in the best of health, she always encouraged her son, Easton Davis, to build strength and resilience from being part of a team. We send our sincere condolences to Sandra's family and friends.